## 1 Equilibrium equations

The focus of this section is representation theory for equilibrium equations. Based on these results we obtain criteria for existence and uniqueness of solutions, as well as performance bounds. For simplicity we restrict to a countable state space.

Recall that a probability measure is called invariant if it satisfies the invariance equation,

$$
\begin{equation*}
\sum_{y \in \mathrm{X}} \pi(x) \mathcal{D}(x, y)=0, \quad x \in \mathrm{X} \tag{1}
\end{equation*}
$$

We fix a function $c: \mathbf{X} \rightarrow \mathbb{R}$ with steady state mean $\eta=\pi(c)$, and denote the centered function by $\tilde{c}=c-\eta$. Poisson's equation can be expressed,

$$
\begin{equation*}
\mathcal{D} h=-\tilde{c} \tag{2}
\end{equation*}
$$

The function $c$ is called the forcing function, and a solution $h: \mathrm{X} \rightarrow \mathbb{R}$ is known as a relative value function. Poisson's equation can be regarded as a dynamic programming equation.

We also consider the discounted cost,

$$
h_{\gamma}(x)=\sum_{t=0}^{\infty}(1+\gamma)^{-t-1} \mathrm{E}[c(X(t)) \mid X(0)=x]
$$

It satisfies the dynamic programming equation,

$$
\begin{equation*}
\mathcal{D} h_{\gamma}=-c+\gamma h_{\gamma} \tag{3}
\end{equation*}
$$

We will see that, under very general conditions, that $\gamma h_{\gamma}$ approximates $\eta$, and hence $h_{\gamma}$ almost solves Poisson's equation when $\gamma \sim 0$ :

$$
\begin{align*}
h(x) & =\lim _{\gamma \downarrow 0}\left[h_{\gamma}(x)-h_{\gamma}\left(x^{*}\right)\right]  \tag{4}\\
\pi(c) & =\lim _{r \rightarrow \infty} \frac{1}{r} \sum_{t=0}^{r-1} \mathrm{E}_{x}[c(X(t))]=\lim _{\gamma \downarrow 0} \gamma h_{\gamma}(x), \quad x \in \mathbf{X} \tag{5}
\end{align*}
$$

where $x^{*}$ is some fixed state.

### 1.1 Representations

Solving either equation (1) or (2) amounts to a form of inversion, but there are two difficulties. One is that the matrices to be inverted may not be finite dimensional. The other is that these matrices are never invertable! For example, to solve Poisson's equation (2) it appears that we must invert $\mathcal{D}$. However, the function $f$ which is identically equal to one satisfies $\mathcal{D} f \equiv 0$. This means that the null-space of $\mathcal{D}$ is non-trivial, which rules out invertibility.

On iterating the formula $P h=h-\tilde{c}$ we obtain the sequence of identities,

$$
P^{2} h=h-\tilde{c}-P \tilde{c} \quad \Longrightarrow \quad P^{3} h=h-\tilde{c}-P \tilde{c}-P^{2} \tilde{c} \quad \Longrightarrow \cdots .
$$

Consequently, one might expect a solution to take the form,

$$
\begin{equation*}
h=\sum_{i=0}^{\infty} P^{i} \tilde{c} \tag{6}
\end{equation*}
$$

When the sum converges absolutely, then this function does satisfy Poisson's equation (2).
A representation which is more generally valid is defined by a random sum. Define the first entrance time and first return time to a state $x^{*} \in \mathrm{X}$ by, respectively,

$$
\begin{equation*}
\sigma_{x^{*}}=\min \left(t \geq 0: X(t)=x^{*}\right) \quad \tau_{x^{*}}=\min \left(t \geq 1: X(t)=x^{*}\right) \tag{7}
\end{equation*}
$$

Proposition 1.1 (i) is contained in [2, Theorem 10.0.1], and (ii) is explained in Section 17.4 of [2]. It is proven in a special case in Proposition 1.3.

Proposition 1.1. Let $x^{*} \in \mathrm{X}$ be a given state satisfying $\mathrm{E}_{x^{*}}\left[\tau_{x^{*}}\right]<\infty$. Then,
(i) The probability distribution defined below is invariant:

$$
\begin{equation*}
\pi(x):=\left(\mathrm{E}_{x^{*}}\left[\tau_{x^{*}}\right]\right)^{-1} \mathrm{E}_{x^{*}}\left[\sum_{t=0}^{\tau_{x^{*}}-1} \mathbf{1}(X(t)=x)\right], \quad x \in \mathrm{X} . \tag{8}
\end{equation*}
$$

(ii) With $\pi$ defined in (i), suppose that $c: \mathrm{X} \rightarrow \mathbb{R}$ is a function satisfying $\pi(|c|)<\infty$. Then, the function defined below is finite-valued on $\mathrm{X}_{\pi}:=$ the support of $\pi$,

$$
\begin{equation*}
h(x)=\mathrm{E}_{x}\left[\sum_{t=0}^{\tau_{x^{*}}-1} \tilde{c}(X(t))\right]=\mathrm{E}_{x}\left[\sum_{t=0}^{\sigma_{x^{*}}} \tilde{c}(X(t))\right]-\tilde{c}\left(x^{*}\right), \quad x \in \mathrm{X} . \tag{9}
\end{equation*}
$$

Moreover, $h$ solves Poisson's equation on $\mathrm{X}_{\pi}$.

The formulae for $\pi$ and $h$ given in Proposition 1.1 are perhaps the most commonly known representations. In this section we develop operator-theoretic representations that are truly based on matrix inversion. These representations help to simplify the stability theory that follows, and they also extend most naturally to general state-space Markov chains, and processes in continuous time.

The operator-thoretic representations of $\pi$ and $h$ are obtained under the following minorization condition: Suppose that $s: \mathrm{X} \rightarrow \mathbb{R}_{+}$is a given function, and $\nu$ is a probability on X such that

$$
\begin{equation*}
P(x, y) \geq s(x) \nu(y) \quad x, y \in \mathrm{X} . \tag{10}
\end{equation*}
$$

The function $s$ and probability measure $\nu$ are each called small under this condition. A set $S \subset \mathrm{X}$ is called small if, for some $\varepsilon>0$, the function $s=\varepsilon \mathbf{1}_{S}$ is a small function.

For example, if $\nu$ denotes the probability on X which is concentrated at a singleton $x^{*} \in \mathrm{X}$, and $s$ denotes the function on X given by $s(x):=P\left(x, x^{*}\right), x \in \mathrm{X}$, then we do have the desired lower bound,

$$
P(x, y) \geq P(x, y) \mathbf{1}_{x^{*}}(y)=s(x) \nu(y) \quad x, y \in \mathbf{X}
$$

The inequality (10) is a matrix inequality that can be written compactly as,

$$
\begin{equation*}
P \geq s \otimes \nu \tag{11}
\end{equation*}
$$

where $P$ is viewed as a matrix, and the right hand side is the outer product of the column vector $s$, and the row vector $\nu$. The bound (11) will be relaxed in Section 2.

We now give a roadmap for solving the invariance equation (1). Suppose that we already have an invariant measure $\pi$, so that

$$
\pi P=\pi
$$

Then, on subtracting $s \otimes \nu$ we obtain,

$$
\pi(P-s \otimes \nu)=\pi P-\pi[s \otimes \nu]=\pi-\delta \nu
$$

where $\delta=\pi(s)$. Rearranging gives,

$$
\begin{equation*}
\pi[I-(P-s \otimes \nu)]=\delta \nu \tag{12}
\end{equation*}
$$

We can now attempt an inversion. The point is, the operator $I-P$ is not invertible, but by subtracting the outer product $s \otimes \nu$ there is some hope in constructing an inverse. Define the potential matrix as

$$
\begin{equation*}
G=\sum_{n=0}^{\infty}(P-s \otimes \nu)^{n} \tag{13}
\end{equation*}
$$

Under certain conditions we do have $G=[I-(P-s \otimes \nu)]^{-1}$, and hence from (12) we obtain the representation of $\pi$,

$$
\begin{equation*}
\pi=\delta[\nu G] \tag{14}
\end{equation*}
$$

We can also attempt the 'forward direction' to construct $\pi$ : Given a pair $s, \nu$ satisfying the lower bound (11), we define $\mu:=\nu G$. We must then answer two questions: (i) when is $\mu$ invariant? (ii) when is $\mu(\mathrm{X})<\infty$ ? If both are affirmative, then we do have an invariant measure, given by

$$
\pi(x)=\frac{\mu(x)}{\mu(\mathrm{X})}, \quad x \in \mathbf{X}
$$

We show in Proposition 1.2 that $\mu$ always exists as a finite-valued measure on X , and that it is always subinvariant,

$$
\mu(y) \geq \sum_{x \in \mathrm{X}} \mu(x) P(x, y), \quad y \in \mathrm{X}
$$

Invariance and finiteness both require some form of stability for the process.
Proposition 1.2. For any pair $(s, \nu)$ satisfying (11), the measure $\mu=\nu G$ is subinvariant. Writing $p_{(s, \nu)}=\nu G s$, we have
(i) $G s(x) \leq 1$ for each $x$, and hence $p_{(s, \nu)} \leq 1$;
(ii) $\mu$ is invariant if and only if $p_{(s, \nu)}=1$.
(iii) $\mu$ is finite if and only if $\nu G(\mathrm{X})<\infty$.

Proof. For $N \geq 0$, define $g_{N}: \mathrm{X} \rightarrow \mathbb{R}_{+}$by

$$
g_{N}=\sum_{n=0}^{N}(P-s \otimes \nu)^{n} s
$$

We show by induction that $g_{N}(x) \leq 1$ for every $x \in \mathrm{X}$ and $N \geq 0$. This will establish (i) since $g_{N} \uparrow G s$, as $N \uparrow \infty$.

For each $x$ we have $g_{0}(x)=s(x)=s(x) \nu(\mathrm{X}) \leq P(x, \mathrm{X})=1$, which verifies the induction hypothesis when $N=0$. If the induction hypothesis is true for a given $N \geq 0$, then

$$
\begin{aligned}
g_{N+1}(x) & =(P-s \otimes \nu) g_{N}(x)+s(x) \\
& \leq(P-s \otimes \nu) \mathbf{1}(x)+s(x) \\
& =[P(x, \mathbf{X})-s(x) \nu(\mathrm{X})]+s(x)=1
\end{aligned}
$$

where in the last equation we have used the assumption that $\nu(\mathrm{X})=1$. This proves (i).
The final result (iii) is just a restatement of the definition of $\mu$. For (ii), recall that $p_{(s, \nu)}=$ $\mu(s)$, and hence

$$
\begin{aligned}
\mu P=\mu(P-s \otimes \nu)+p_{(s, \nu)} \nu & =\nu G(P-s \otimes \nu)+p_{(s, \nu)} \nu \\
& =\nu(G-I)+p_{(s, \nu)^{\nu}} \\
& =\mu-\left(1-p_{(s, \nu)}\right) \nu \mu .
\end{aligned}
$$

The following result shows that the formula (14) coincides with the representation given in (8).

Proposition 1.3. Suppose that $\nu=\delta_{x^{*}}$, the point mass at some state $x^{*} \in \mathrm{X}$, and suppose that $s(x):=P\left(x, x^{*}\right)$ for $x \in \mathrm{X}$. Then we have for each bounded function $g: \mathrm{X} \rightarrow \mathbb{R}$,

$$
\begin{equation*}
(P-s \otimes \nu)^{n} g(x)=\mathrm{E}_{x}\left[g(X(n)) \mathbf{1}\left\{\tau_{x^{*}}>n\right\}\right], \quad x \in \mathrm{X}, n \geq 1 \tag{15}
\end{equation*}
$$

## Consequently,

$$
G g(x):=\sum_{n=0}^{\infty}(P-s \otimes \nu)^{n} g(x)=\mathrm{E}_{x}\left[\sum_{t=0}^{\tau_{x^{*}-1}} g(X(t))\right]
$$

Proof. We have $(P-s \otimes \nu)(x, y)=P(x, y)-P\left(x, x^{*}\right) \mathbf{1}_{y=x^{*}}=P(x, y) \mathbf{1}_{y \neq x^{*}}$. Or, in probabilistic notation,

$$
(P-s \otimes \nu)(x, y)=\mathrm{P}_{x}\left\{X(1)=y, \tau_{x^{*}}>1\right\}, \quad x, y \in \mathrm{X}
$$

This establishes the formula (15) for $n=1$. The result then extends to arbitrary $n \geq 1$ by induction. If (15) is true for any given $n$, then $(P-s \otimes \nu)^{n+1}(x, g)=$

$$
\begin{aligned}
\sum_{y \in \mathrm{X}}[(P-s & \otimes \nu)(x, y)]\left[(P-s \otimes \nu)^{n}(y, g)\right] \\
& =\sum_{y \in \mathrm{X}} \mathrm{P}_{x}\left\{X(1)=y, \tau_{x^{*}}>1\right\} \mathrm{E}_{y}\left[g(X(n)) \mathbf{1}\left\{\tau_{x^{*}}>n\right\}\right] \\
& =\mathrm{E}_{x}\left[\mathbf{1}\left\{\tau_{x^{*}}>1\right\} \mathrm{E}\left[g(X(n+1)) \mathbf{1}\left\{X(t) \neq x^{*}, t=2, \ldots, n+1\right\} \mid X(1)\right]\right] \\
& =\mathrm{E}_{x}\left[g(X(n+1)) \mathbf{1}\left\{\tau_{x^{*}}>n+1\right\}\right]
\end{aligned}
$$

where the second equation follows from the induction hypothesis, and in the third equation the Markov property was applied. The final equation follows from the smoothing property of the conditional expectation.

To solve Poisson's equation (2) we again apply Proposition 2.1. First note that the solution $h$ is not unique since we can always add a constant to obtain a new solution to (2). This gives us some flexibility: assume that $\nu(h)=0$, so that $(P-s \otimes \nu) h=P h$. This leads to a familiar looking identity,

$$
[I-(P-s \otimes \nu)] h=\tilde{c}
$$

Provided the inversion can be justified, this leads to the representation

$$
\begin{equation*}
h=[I-(P-s \otimes \nu)]^{-1} \tilde{c}=G \tilde{c} . \tag{16}
\end{equation*}
$$

Proposition 1.4. Suppose that $\mu(\mathrm{X})<\infty$. If $c: \mathbf{X} \rightarrow \mathbb{R}$ is any function satisfying $\mu(|c|)<\infty$ then the function $h=G \tilde{c}$ is finite valued on the support of $\nu$ and solves Poisson's equation.

Proof. We have $\mu(|\tilde{c}|)=\nu(G|\tilde{c}|)$, which shows that $\nu(G|\tilde{c}|)<\infty$. It follows that $h$ is finite valued a.e. $[\nu]$. Note also from the representation of $\mu$,

$$
\nu(h)=\nu(G \tilde{c})=\mu(\tilde{c})=\mu(\tilde{c})=0 .
$$

To see that $h$ solves Poisson's equation we write,

$$
P h=(P-s \otimes \nu) h=(P-s \otimes \nu) G \tilde{c}=(G-I) \tilde{c}=h-\tilde{c} .
$$

The conclusion that $h(x)$ is finite for a.e. x with respect to the small measure $\nu$ is very weak - what if $\nu$ has only one point of support! This will be strengthened in two steps. First, in the next section we introduce a more flexible setting in which we can assume that the support of $\nu$ coincides with the support of the invariant probability $\pi$. Next, based on a Lyapunov function we obtain a uniform bound on $h$ over all $x \in \mathrm{X}$.

## 2 Communication

The one-step minorization condition (11) can always be satisfied for a Markov chain by taking $\nu=\delta_{x^{*}}$ as in Proposition 1.3. It will be useful to construct small functions and measures that are somewhat "larger". This is made possible through the introduction of the resolvent matrices.

### 2.1 Resolvents

The resolvent matrix is defined by the infinite sum,

$$
\begin{equation*}
R(x, y)=\sum_{t=0}^{\infty} 2^{-t-1} P^{t}(x, y), \quad x, y \in \mathrm{X} \tag{17}
\end{equation*}
$$

The matrix $R$ can be expressed as an inverse in each of the following forms,

$$
R=[2 I-P]^{-1}=[I-\mathcal{D}]^{-1}
$$

The resolvent satisfies $R(x, \mathrm{X}):=\sum_{y} R(x, y)=1$, and hence it can be interpreted as a transition matrix. In fact, it is precisely the transition matrix for a sampled process. Suppose that $\left\{t_{k}\right\}$ is an i.i.d. process with geometric distribution satisfying $\mathrm{P}\left\{t_{k}=n\right\}=2^{-n-1}$ for $n \geq 0$, $k \geq 1$. Let $\left\{T_{k}: k \geq 0\right\}$ denote the sequence of partial sums,

$$
T_{0}=0, \text { and } T_{k+1}=T_{k}+t_{k+1} \text { for } k \geq 0
$$

Then, the sampled process,

$$
\begin{equation*}
Y(k)=X\left(T_{k}\right), \quad k \geq 0, \tag{18}
\end{equation*}
$$

is a Markov chain with transition matrix $R$.
Solutions to the invariance equations for $\boldsymbol{Y}$ and $\boldsymbol{X}$ are closely related:
Proposition 2.1. For any Markov chain $\boldsymbol{X}$ on X with transition matrix $P$,
(i) The resolvent equation holds,

$$
\begin{equation*}
\mathcal{D} R=R \mathcal{D}=\mathcal{D}_{R}, \quad \text { where } \mathcal{D}_{R}=R-I \tag{19}
\end{equation*}
$$

(ii) A probability distribution $\pi$ on X is $P$-invariant if and only if it is $R$-invariant.
(iii) Suppose that an invariant measure $\pi$ exists, and that $g: X \rightarrow \mathbb{R}$ is given with $\pi(|g|)<\infty$.

Then, a function $h: X \rightarrow \mathbb{R}$ solves Poisson's equation $\mathcal{D} h=-\tilde{g}$ with $\tilde{g}:=g-\pi(g)$, if and only if

$$
\begin{equation*}
\mathcal{D}_{R} h=-R \tilde{g} . \tag{20}
\end{equation*}
$$

Proof. From the definition of $R$ we have,

$$
P R=\sum_{t=0}^{\infty} 2^{-(t+1)} P^{t+1}=\sum_{t=1}^{\infty} 2^{-t} P^{t}=2 R-I .
$$

Hence $\mathcal{D} R=P R-R=R-I$, proving (i).
To see (ii) we pre-multiply the resolvent equation (19) by $\pi$,

$$
\pi \mathcal{D} R=\pi \mathcal{D}_{R}
$$

Obviously then, $\pi \mathcal{D}=0$ if and only if $\pi \mathcal{D}_{R}=0$, proving (ii). The proof of (iii) is similar.

For general $\gamma>0$ we can define the generalization of $R$,

$$
\begin{equation*}
R_{\gamma}=\sum_{t=0}^{\infty}(1+\gamma)^{-t-1} P^{t} \tag{21}
\end{equation*}
$$

It is also called a resolvent matrix, and can be expressed as an inverse,

$$
\begin{equation*}
R_{\gamma}=[I \gamma-\mathcal{D}]^{-1} \tag{22}
\end{equation*}
$$

The resolvent equation in Proposition 2.1 (i) can be generalized to any of these resolvent matrices:

Proposition 2.2. Consider the family of resolvent matrices (21). We have the two resolvent equations,
(i) $[\gamma I-\mathcal{D}] R_{\gamma}=R_{\gamma}[\gamma I-\mathcal{D}]=I, \gamma>0$.
(ii) For distinct $\gamma_{1}, \gamma_{2} \in(1, \infty)$,

$$
\begin{equation*}
R_{\gamma_{2}}=R_{\gamma_{1}}+\left(\gamma_{1}-\gamma_{2}\right) R_{\gamma_{1}} R_{\gamma_{2}}=R_{\gamma_{1}}+\left(\gamma_{1}-\gamma_{2}\right) R_{\gamma_{2}} R_{\gamma_{1}} \tag{23}
\end{equation*}
$$

Proof. For any $\gamma>0$ we can express the resolvent as the matrix inverse (22), from which we deduce (i). To see (ii) write,

$$
\left[\gamma_{1} I-\mathcal{D}\right]-\left[\gamma_{2} I-\mathcal{D}\right]=\left(\gamma_{1}-\gamma_{2}\right) I
$$

Multiplying on the left by $\left[\gamma_{1} I-\mathcal{D}\right]^{-1}$ and on the right by $\left[\gamma_{2} I-\mathcal{D}\right]^{-1}$ gives,

$$
\left[\gamma_{2} I-\mathcal{D}\right]^{-1}-\left[\gamma_{1} I-\mathcal{D}\right]^{-1}=\left(\gamma_{1}-\gamma_{2}\right)\left[\gamma_{1} I-\mathcal{D}\right]^{-1}\left[\gamma_{2} I-\mathcal{D}\right]^{-1}
$$

which is the first equality in (23). The proof of the second equality is identical.
All of the representation theorems can be generalized based on the relaxed minorization condition,

$$
\begin{equation*}
R(x, y) \geq s(x) \nu(y) \quad x, y \in \mathrm{X} \tag{24}
\end{equation*}
$$

Once again, the function $s$ and probability measure $\nu$ are called small if the minorization condition is satisfied.

When the minorization condition holds we can define the potential matrix in terms of the resolvent,

$$
\begin{equation*}
G=\sum_{n=0}^{\infty}(R-s \otimes \nu)^{n} \tag{25}
\end{equation*}
$$

The value of moving to the resolvent is that we can more easily generalize to a continuous state space. There are other technical benefits in developing stability theory.

We first consider generalizations of classical irreducibility for a finite state space Markov chain.

### 2.2 Absorbing sets and $x^{*}$-irreducibility

$x^{*}$-Irreducibility is a basic structural assumption for a Markov chain - it is rarely violated in practice.

## Definition 2.1. Irreducibility

For a Markov chain on a countable state space:
(i) Let $x^{*}$ be some fixed state in X . The Markov chain is called $x^{*}$-irreducible if for any other $x \in \mathrm{X}$,

$$
R\left(x, x^{*}\right)>0
$$

(ii) It is simply called irreducible if the chain is $x^{*}$-irreducible for every $x^{*} \in \mathrm{X}$.

The following result shows that one can assume without loss of generality that the chain is irreducible by restricting to an absorbing subset of X . The set $\mathrm{X}_{x^{*}} \subset \mathrm{X}$ defined in Proposition 2.3 is known as a communicating class.

Proposition 2.3. For each $x^{*} \in \mathrm{X}$ the set defined by

$$
\begin{equation*}
\mathrm{X}_{x^{*}}=\left\{y: R\left(x^{*}, y\right)>0\right\} \tag{26}
\end{equation*}
$$

is absorbing: $P\left(x, \mathrm{X}_{x^{*}}\right)=1$ for each $x \in \mathrm{X}_{x^{*}}$. If $\boldsymbol{X}$ is $x^{*}$-irreducible then the process may be restricted to $X_{x^{*}}$, and the restricted process is irreducible.

Proof. We have $D R=R-I$, which implies that $R=\frac{1}{2}(R P+I)$. Consequently, for any $x_{0}, x_{1} \in \mathrm{X}$ we obtain the lower bound,

$$
R\left(x^{*}, x_{1}\right) \geq \frac{1}{2} \sum_{y \in \mathrm{X}} R\left(x^{*}, y\right) P\left(y, x_{1}\right) \geq \frac{1}{2} R\left(x^{*}, x_{0}\right) P\left(x_{0}, x_{1}\right)
$$

Consequently, if $x_{0} \in \mathrm{X}_{x^{*}}$ and $P\left(x_{0}, x_{1}\right)>0$ then $x_{1} \in \mathrm{X}_{x^{*}}$. This shows that $\mathrm{X}_{x^{*}}$ is always absorbing.

When the chain is $x^{*}$-irreducible then one can solve the minorization condition with $s$ positive everywhere:

Lemma 2.4. Suppose that $\boldsymbol{X}$ is $x^{*}$-irreducible. Then there exists $s: X \rightarrow[0,1]$ and a probability distribution $\nu$ on X satisfying,

$$
s(x)>0 \text { for all } x \in \mathrm{X} \text { and } \nu(y)>0 \text { for all } y \in \mathrm{X}_{x^{*}}
$$

Proof. Choose $\gamma_{1}=1, \gamma_{2} \in(0,1)$, and define $s_{0}(x)=\mathbf{1}_{x^{*}}(x), \quad \nu_{0}(y)=R_{\gamma_{2}}\left(x^{*}, y\right), x, y \in \mathrm{X}$, so that $R_{\gamma_{2}} \geq s_{0} \otimes \nu_{0}$. From (23),

$$
R_{\gamma_{2}}=R_{1}+\left(1-\gamma_{2}\right) R_{1} R_{\gamma_{2}} \geq\left(1-\gamma_{2}\right) R_{1}\left[s_{0} \otimes \nu_{0}\right]
$$

Setting $s=\left(1-\gamma_{2}\right) R_{1} s_{0}$ and $\nu=\nu_{0}$ gives $R=R_{1} \geq s \otimes \nu$. The function $s$ is positive everywhere due to the $x^{*}$-irreducibility assumption, and $\nu$ is positive on $\mathrm{X}_{x^{*}}$ since $R_{\gamma_{2}}\left(x^{*}, y\right)>0$ if and only if $R\left(x^{*}, y\right)>0$.

The following generalization of Proposition 1.2 is the key step in establishing criteria for existence of invariant measure, and bounds on solutions to the dynamic programming equations.

Lemma 2.5. Suppose that the function $s: X \rightarrow[0,1)$ and the probability distribution $\nu$ on X satisfy (11). Then,
(i) $G s(x) \leq 1$ for every $x \in \mathrm{X}$.
(ii) $(R-s \otimes \nu) G=G(R-s \otimes \nu)=G-I$.
(iii) If $\boldsymbol{X}$ is $x^{*}$-irreducible and $s\left(x^{*}\right)>0$, then $\sup _{x \in \mathrm{X}} G(x, y)<\infty$ for each $y \in \mathrm{X}$.

Proof. Part (i) follows form Proposition 1.2 (i), and (ii) follows from the definition of $G$.
To prove (iii) we first apply (ii), giving $G R=G-I+G s \otimes \nu$. Consequently, from (i),

$$
\begin{equation*}
G R s=G s-s+\nu(s) G s \leq 2 \quad \text { on } \mathrm{X} . \tag{27}
\end{equation*}
$$

Under the conditions of (iii) we have $R s(y)>0$ for every $y \in \mathrm{X}$, and this completes the proof of (iii), with the explicit bound,

$$
G(x, y) \leq 2(R s(y))^{-1} \text { for all } x, y \in \mathrm{X}
$$

With $G$ redefined using $R$ we obtain the following generalization of Proposition 1.4. Proposition 2.6 (iii) provides the promised improvement of the conclusion that $h$ is finite valued a.e. [ $\nu$ ].

Proposition 2.6. Suppose that the minorization condition (24) holds, and that $G$ is defined in (25). Then,
(i) $\mu:=\nu G$ is sub-invariant.
(ii) If $\mu(\mathrm{X})<\infty$ then $\mu$ is invariant.
(iii) If $\mu(X)<\infty$, and $c: X \rightarrow \mathbb{R}$ is any function satisfying $\mu(|c|)<\infty$, then the function $h=G R \tilde{c}$ is finite valued on the support of $\pi$ and solves Poisson's equation.

For a proof of the following result the reader is referred to [3]. A key step in the proof is the application of Proposition 1.3 with $G$ redefined using the resolvent.

Proposition 2.7. For a $x^{*}$-irreducible Markov chain,
(i) $p_{(s, \nu)}=1$ if and only if $\mathrm{P}_{x^{*}}\left\{\tau_{x^{*}}<\infty\right\}=1$. If either of these conditions hold then $G s(x)=\mathrm{P}_{x}\left\{\tau_{x^{*}}<\infty\right\}=1$ for each $x \in \mathrm{X}_{x^{*}}$.
(ii) $\mu(\mathrm{X})<\infty$ if and only if $\mathrm{E}_{x^{*}}\left[\tau_{x^{*}}\right]<\infty$.

It turns out that the case $p_{(s, \nu)}=1$ is equivalent to a form of recurrence.

## Definition 2.2. Recurrence

A $x^{*}$-irreducible Markov chain $\boldsymbol{X}$ is called,
(i) Harris recurrent, if the return time (7) is finite almost-surely from each initial condition,

$$
\mathrm{P}_{x}\left\{\tau_{x^{*}}<\infty\right\}=1, \quad x \in \mathrm{X} .
$$

(ii) Positive Harris recurrent, if it is Harris recurrent, and an invariant probability measure $\pi$ exists.

### 2.3 Near-monotone functions

A function $c: \mathrm{X} \rightarrow \mathbb{R}$ is called near-monotone if the sublevel set, $S_{c}(r):=\{x: c(x) \leq r\}$ is finite for each $r<\sup _{x \in \mathrm{X}} c(x)$. In applications the function $c$ is typically a cost function, and hence the near monotone assumption is the natural condition that large states have relatively high cost.

The function $c=\mathbf{1}_{\left\{x^{*}\right\}^{c}}$ is near monotone since $S_{c}(r)$ consists of the singleton $\left\{x^{*}\right\}$ for $r \in[0,1)$, and it is empty for $r<0$. A solution to Poisson's equation with this forcing function can be constructed based on the sample path formula (9),

$$
\begin{align*}
h(x) & =\mathrm{E}_{x}\left[\sum_{t=0}^{\tau_{x^{*}-1}} \mathbf{1}_{\left\{x^{*}\right\}^{c}}(X(t))-\pi\left(\left\{x^{*}\right\}^{c}\right)\right]  \tag{28}\\
& =\left(1-\pi\left(\left\{x^{*}\right\}^{c}\right) \mathrm{E}_{x}\left[\tau_{x^{*}}\right]-\mathbf{1}_{x^{*}}(x)=\pi\left(x^{*}\right) \mathrm{E}_{x}\left[\sigma_{x^{*}}\right]\right.
\end{align*}
$$

The last equality follows from the formula $\pi\left(x^{*}\right) \mathrm{E}_{x^{*}}\left[\tau_{x^{*}}\right]=1$ (see (8)) and the definition $\sigma_{x^{*}}=0$ when $X(0)=x^{*}$.

The fact that $h$ is bounded from below is a special case of the following general result.
Proposition 2.8. Suppose that $c$ is near monotone with $\eta=\pi(c)<\infty$. Then,
(i) The relative value function $h$ given in (16) is uniformly bounded from below, finite-valued on $\mathrm{X}_{x^{*}}$, and solves Poisson's equation on the possibly larger set $\mathrm{X}_{h}=\{x \in \mathrm{X}: h(x)<\infty\}$.
(ii) Suppose there exists a non-negative valued function satisfying $g(x)<\infty$ for some $x \in$ $\mathrm{X}_{x^{*}}$, and the Poisson inequality,

$$
\begin{equation*}
\mathcal{D} g(x) \leq-c(x)+\eta, \quad x \in \mathbf{X} . \tag{29}
\end{equation*}
$$

Then $g(x)=h(x)+\nu(g)$ for $x \in \mathrm{X}_{x^{*}}$, where $h$ is given in (16). Consequently, $g$ solves Poisson's equation on $\mathrm{X}_{x^{*}}$.

Proof. Note that if $\eta=\sup _{x \in \mathrm{X}} c(x)$ then $c(x) \equiv \eta$ on $\mathrm{X}_{x^{*}}$, so we may take $h \equiv 1$ to solve Poisson's equation.

We henceforth assume that $\eta<\sup _{x \in \mathbf{X}} c(x)$, and define $S=\{x \in \mathbf{X}: c(x) \leq \eta\}$. This set is finite since $c$ is near-monotone. We have the obvious bound $\tilde{c}(x) \geq-\eta \mathbf{1}_{S}(x)$ for $x \in \mathbf{X}$, and hence

$$
h(x) \geq-\eta G R \mathbf{1}_{S}(x), \quad x \in \mathrm{X}
$$

Lemma 2.5 and (27) imply that $G R \mathbf{1}_{S}$ is a bounded function on X . This completes the proof that $h$ is bounded from below, and Proposition 1.4 establishes Poisson's equation.

To prove (ii) we maintain the notation used in Proposition 1.4. On applying Lemma 2.4 we can assume without loss of generality that the pair $(s, \nu)$ used in the definition of $G$ are non-zero on $\mathrm{X}_{x^{*}}$. Note first of all that by the resolvent equation,

$$
R g-g=R \mathcal{D} g \leq-R \tilde{c}
$$

We thus have the bound,

$$
(R-s \otimes \nu) g \leq g-R \tilde{c}-\nu(g) s
$$

and hence for each $n \geq 1$,

$$
0 \leq(R-s \otimes \nu)^{n} g \leq g-\sum_{i=0}^{n-1}(R-s \otimes \nu)^{i} R \tilde{c}-\nu(g) \sum_{i=0}^{n-1}(R-s \otimes \nu)^{i} s
$$

On letting $n \uparrow \infty$ this gives,

$$
g \geq G R \tilde{c}+\nu(g) G s=h+\nu(g) h_{0}
$$

where $h_{0}:=G s$. The function $h_{0}$ is identically one on $X_{x^{*}}$ by Proposition 2.7, which implies that $g-\nu(g) \geq h$ on $\mathrm{X}_{x^{*}}$. Moreover, using the fact that $\nu(h)=0$,

$$
\nu(g-\nu(g)-h)=\nu(g-\nu(g))-\nu(h)=0 .
$$

Hence $g-\nu(g)-h=0$ a.e. [ $\nu$ ], and this implies that $g-\nu(g)-h=0$ on $X_{x^{*}}$ as claimed.
Bounds on the potential matrix $G$ are obtained in the following section to obtain criteria for the existence of an invariant measure as well as explicit bounds on the relative value function.

## 3 Criteria for stability

To compute the invariant measure $\pi$ it is necessary to compute the mean random sum (8), or invert a matrix, such as through an infinite sum as in (13). To verify the existence of an invariant measure is typically far easier.

In this section we describe Foster's criterion to test for the existence of an invariant measure, and several variations on this approach which are collectively called the Foster-Lyapunov criteria for stability. Each of these stability conditions can be interpreted as a relaxation of the Poisson inequality (29).


Figure 1: $V(X(t))$ is decreasing outside of the set $S$.

### 3.1 Foster's criterion

Foster's criterion is the simplest of the "Foster-Lyapunov" drift conditions for stability. It requires that for a non-negative valued function $V$ on X , a small set $S \subset \mathrm{X}$, and $b<\infty$,

$$
\begin{equation*}
\mathcal{D} V(x) \leq-1+b \mathbf{1}_{S}(x), \quad x \in \mathbf{X} \tag{V2}
\end{equation*}
$$

This is precisely Condition (V3) using $f \equiv 1$.
The existence of a solution to (V2) is equivalent to positive recurrence. This is summarized in the following.

Theorem 3.1. (Foster's Criterion) The following are equivalent for a $x^{*}$-irreducible Markov chain
(i) An invariant measure $\pi$ exists.
(ii) There is a small set $S \subset \mathrm{X}$ such that $\mathrm{E}_{x}\left[\tau_{S}\right]<\infty$ for $x \in S$.
(iii) There exists $V: X \rightarrow(0, \infty]$, finite at some $x_{0} \in X$, a finite set $S \subset X$, and $b<\infty$ such that Foster's Criterion (V2) holds.

If (iii) holds then there exists $b_{x^{*}}<\infty$ such that

$$
\mathrm{E}_{x}\left[\tau_{x^{*}}\right] \leq V(x)+b_{x^{*}}, \quad x \in \mathrm{X}
$$

Proof. We just prove the implication (iii) $\Longrightarrow$ (i). The remaining implications may be found in [2, Chapter 11].

Take any pair $(s, \nu)$ positive on $\mathrm{X}_{x^{*}}$ and satisfying $R \geq s \otimes \nu$. On applying Proposition 1.2 it is enough to shown that $\mu(\mathrm{X})<\infty$ with $\mu=\nu G$.

Letting $f \equiv 1$ we have under (V2) $\mathcal{D} V \leq-f+b \mathbf{1}_{S}$, and on applying $R$ to both sides of this inequality we obtain using the resolvent equation (19), $(R-I) V=R D V \leq-R f+b R \mathbf{1}_{S}$, or on rearranging terms,

$$
\begin{equation*}
R V \leq V-R f+b R \mathbf{1}_{S} \tag{30}
\end{equation*}
$$

From (30) we have $(R-s \otimes \nu) V \leq V-R f+g$, where $g:=b R \mathbf{1}_{S}$. On iterating this inequality we obtain,

$$
\begin{aligned}
(R-s \otimes \nu)^{2} V \leq & (R-s \otimes \nu)(V-R f+g) \\
\leq & V-R f+g \\
& \quad-(R-s \otimes \nu) R f \\
& +(R-s \otimes \nu) g
\end{aligned}
$$

By induction we obtain for each $n \geq 1$,

$$
0 \leq(R-s \otimes \nu)^{n} V \leq V-\sum_{i=0}^{n-1}(R-s \otimes \nu)^{i} R f+\sum_{i=0}^{n-1}(R-s \otimes \nu)^{i} g
$$

Rearranging terms then gives,

$$
\sum_{i=0}^{n-1}(R-s \otimes \nu)^{i} R f \leq V+\sum_{i=0}^{n-1}(R-s \otimes \nu)^{i} g
$$

and thus from the definition (13) we obtain the bound,

$$
\begin{equation*}
G R f \leq V+G g \tag{31}
\end{equation*}
$$

To obtain a bound on the final term in (31) recall that $g:=b R \mathbf{1}_{S}$. From its definition we have,

$$
G R=G[R-s \otimes \nu]+G[s \otimes \nu]=G-I+(G s) \otimes \nu
$$

which shows that

$$
G g=b G R \mathbf{1}_{S} \leq b\left[G \mathbf{1}_{S}+\nu(S) G s\right]
$$

This is uniformly bounded over X by Lemma 2.5. Since $f \equiv 1$ the bound (31) implies that $G R f(x)=G(x, \mathrm{X}) \leq V(x)+b_{1}, x \in \mathrm{X}$, with $b_{1}$ an upper bound on $G g$.

Integrating both sides of the bound (31) with respect to $\nu$ gives,

$$
\mu(\mathrm{X})=\sum_{x \in \mathrm{X}} \nu(x) G(x, \mathbf{X}) \leq \nu(V)+\nu(g)
$$

The minorization and the drift inequality (30) give

$$
s \nu(V)=(s \otimes \nu)(V) \leq R V \leq V-1+g,
$$

which establishes finiteness of $\nu(V)$, and the bound,

$$
\nu(V) \leq \inf _{x \in \mathrm{X}} \frac{V(x)-1+g(x)}{s(x)} .
$$

### 3.2 Criteria for finite moments

We now turn to the issue of performance bounds based on the discounted-cost defined in (21) or the average cost $\eta=\pi(c)$ for a cost function $c: \mathbf{X} \rightarrow \mathbb{R}_{+}$. We also introduce martingale methods to obtain performance bounds. We let $\left\{\mathcal{F}_{t}: t \geq 0\right\}$ denote the filtration, or history generated by the chain,

$$
\mathcal{F}_{t}:=\sigma\{X(0), \ldots, X(t)\}, \quad t \geq 0
$$

Recall that a random variable $\tau$ taking values in $\mathbb{Z}_{+}$is called a stopping time if for each $t \geq 0$,

$$
\{\tau=t\} \in \mathcal{F}_{t}
$$

That is, by observing the process $\boldsymbol{X}$ on the time interval $[0, t]$ it is possible to determine whether or not $\tau=t$.

The Comparison Theorem is the most common approach to obtaining bounds on expectations involving stopping times.

Theorem 3.2. (Comparison Theorem) Suppose that the non-negative functions $V, f, g$ satisfy the bound,

$$
\begin{equation*}
\mathcal{D} V \leq-f+g . \quad x \in \mathrm{X} \tag{32}
\end{equation*}
$$

Then for each $x \in \mathrm{X}$ and any stopping time $\tau$ we have

$$
\mathrm{E}_{x}\left[\sum_{t=0}^{\tau-1} f(X(t))\right] \leq V(x)+\mathrm{E}_{x}\left[\sum_{t=0}^{\tau-1} g(X(t))\right]
$$

Proof. Define $M(0)=V(X(0))$, and for $n \geq 1$,

$$
M(n)=V(X(n))+\sum_{t=0}^{n-1}(f(X(t))-g(X(t))) .
$$

The assumed inequality can be expressed,

$$
\mathrm{E}\left[V(X(t+1)) \mid \mathcal{F}_{t}\right] \leq V(X(t))-f(X(t))+g(X(t)), \quad t \geq 0
$$

which shows that the stochastic process $M$ is a super-martingale,

$$
\mathrm{E}\left[M(n+1) \mid \mathcal{F}_{n}\right] \leq M(n), \quad n \geq 0
$$

Define for $N \geq 1$,

$$
\tau^{N}=\min \{t \leq \tau: t+V(X(t))+f(X(t))+g(X(t)) \geq N\} .
$$

This is also a stopping time. The process $M$ is uniformly bounded below by $-N^{2}$ on the timeinterval $\left(0, \ldots, \tau^{N}-1\right)$, and it then follows from the super-martingale property that

$$
\mathrm{E}\left[M\left(\tau^{N}\right)\right] \leq \mathrm{E}[M(0)]=V(x), \quad N \geq 1
$$

From the definition of $M$ we thus obtain the desired conclusion with $\tau$ replaced by $\tau^{N}$ : For each initial condition $X(0)=x$,

$$
\mathrm{E}_{x}\left[\sum_{t=0}^{\tau^{N}-1} f(X(t))\right] \leq V(x)+\mathrm{E}_{x}\left[\sum_{t=0}^{\tau^{N}-1} g(X(t))\right]
$$

The result then follows from the Monotone Convergence Theorem since we have $\tau^{N} \uparrow \tau$ as $N \rightarrow \infty$.

In view of the Comparison Theorem, to bound $\pi(c)$ we search for a solution to (V3) or (32) with $|c| \leq f$. The existence of a solution to either of these drift inequalities is closely related to the following stability condition,

## Definition 3.1. Regularity

Suppose that $\boldsymbol{X}$ is a $x^{*}$-irreducible Markov chain, and that $c: \mathbf{X} \rightarrow \mathbb{R}_{+}$is a given function. The chain is called $c$-regular if the following cost over a $y$-cycle is finite for each initial condition $x \in \mathrm{X}$, and each $y \in \mathrm{X}_{x^{*}}$ :

$$
\mathrm{E}_{x}\left[\sum_{t=0}^{\tau_{y}-1} c(X(t))\right]<\infty
$$

Proposition 3.3. Suppose that the function $c: X \rightarrow \mathbb{R}$ satisfies $c(x) \geq 1$ outside of some finite set. Then,
(i) If $\boldsymbol{X}$ is $c$-regular then it is positive Harris recurrent and $\pi(c)<\infty$.
(ii) Conversely, if $\pi(c)<\infty$ then the chain restricted to the support of $\pi$ is $c$-regular.

Proof. The result follows from [2, Theorem 14.0.1]. To prove (i) observe that $\boldsymbol{X}$ is Harris recurrent since $\mathrm{P}_{x}\left\{\tau_{x^{*}}<\infty\right\}=1$ for all $x \in \mathrm{X}$ when the chain is $c$-regular. We have positivity and $\pi(c)<\infty$ based on the representation (8).

Criteria for $c$-regularity will be established through operator manipulations similar to those used in the proof of Theorem 3.1 based on the following refinement of Foster's Criterion: For a non-negative valued function $V$ on X , a finite set $S \subset \mathrm{X}, b<\infty$, and a function $f: \mathrm{X} \rightarrow[1, \infty)$,

$$
\begin{equation*}
\mathcal{D} V(x) \leq-f(x)+b \mathbf{1}_{S}(x), \quad x \in \mathbf{X} . \tag{V3}
\end{equation*}
$$

The function $f$ is interpreted as a bounding function. In Theorem 3.4 we consider $\pi(c)$ for functions $c$ bounded by $f$ in the sense that,

$$
\begin{equation*}
\|c\|_{f}:=\sup _{x \in \mathrm{X}} \frac{|c(x)|}{f(x)}<\infty . \tag{33}
\end{equation*}
$$

Theorem 3.4. Suppose that $\boldsymbol{X}$ is $x^{*}$-irreducible, and that there exists $V: \mathrm{X} \rightarrow(0, \infty), f: \mathrm{X} \rightarrow$ $[1, \infty)$, a finite set $S \subset X$, and $b<\infty$ such that (V3) holds. Then for any function $c: X \rightarrow \mathbb{R}_{+}$ satisfying $\|c\|_{f} \leq 1$,
(i) The average cost satisfies the uniform bound,

$$
\eta_{x}=\pi(c) \leq b<\infty, \quad x \in \mathrm{X}
$$

(ii) The discounted-cost value function satisfies the following uniform bound, for any given discount parameter $\gamma>0$,

$$
h_{\gamma}(x) \leq V(x)+b \gamma^{-1}, \quad x \in \mathrm{X}
$$

(iii) There exists a solution to Poisson's equation satisfying, for some $b_{1}<\infty$,

$$
h(x) \leq V(x)+b_{1}, \quad x \in \mathrm{X}
$$

Proof. Observe that (ii) and the definition (5) imply (i).
To prove (ii) we apply the resolvent equation,

$$
\begin{equation*}
P R_{\gamma}=R_{\gamma} P=(1+\gamma) R_{\gamma}-I \tag{34}
\end{equation*}
$$

Equation (34) is a restatement of Equation (22). Consequently, under (V3),

$$
(1+\gamma) R_{\gamma} V-V=R_{\gamma} P V \leq R_{\gamma}\left[V-f+b \mathbf{1}_{S}\right]
$$

Rearranging terms gives $R_{\gamma} f+\gamma R_{\gamma} V \leq V+b R_{\gamma} \mathbf{1}_{S}$. This establishes (ii) since $R_{\gamma} \mathbf{1}_{S}(x) \leq$ $R_{\gamma}(x, \mathrm{X}) \leq \gamma^{-1}$ for $x \in \mathrm{X}$.

We now prove (iii). Recall that the measure $\mu=\nu G$ is finite and invariant since we may apply Theorem 3.1 when the chain is $x^{*}$-irreducible. We shall prove that the function $h=G R \tilde{c}$ given in (16) satisfies the desired upper bound.

The proof of the implication (iii) $\Longrightarrow$ (i) in Theorem 3.1 was based upon the bound (31),

$$
G R f \leq V+G g
$$

where $g:=b R \mathbf{1}_{S}$. Although it was assumed there that $f \equiv 1$, the same steps lead to this bound for general $f \geq 1$ under (V3). Consequently, since $0 \leq c \leq f$,

$$
G R \tilde{c} \leq G R f \leq V+G g
$$

Part (iii) follows from this bound and Lemma 2.5 with $b_{1}:=\sup G g(x)<\infty$.

## 4 Ergodic theorems and coupling

The existence of a Lyapunov function satisfying (V3) leads to mean ergodic theorems such as (5), and refinements of this drift inequality lead to stronger results. These results are based on the coupling method described next.

### 4.1 Coupling

Coupling is a way of comparing the behavior of the process of interest $\boldsymbol{X}$ with another process $\boldsymbol{Y}$ which is already understood. For example, if $\boldsymbol{Y}$ is taken as the stationary version of the process, with $Y(0) \sim \pi$, we then have the trivial mean ergodic theorem,

$$
\lim _{t \rightarrow \infty} \mathrm{E}[c(Y(t))]=\mathrm{E}\left[c\left(Y\left(t_{0}\right)\right)\right], \quad t_{0} \geq 0
$$

This leads to a corresponding ergodic theorem for $\boldsymbol{X}$ provided the two processes couple in a suitably strong sense.

To precisely define coupling we define a bivariate process,

$$
\Psi(t)=\binom{X(t)}{Y(t)}, \quad t \geq 0,
$$

where $\boldsymbol{X}$ and $\boldsymbol{Y}$ are two copies of the chain with transition probability $P$, and different initial conditions. It is assumed throughout that $\boldsymbol{X}$ is $x^{*}$-irreducible, and we define the coupling time for $\Psi$ as the first time both chains reach $x^{*}$ simultaneously,

$$
T=\min \left(t \geq 1: X(t)=Y(t)=x^{*}\right)=\min \left(t: \Psi(t)=\binom{x^{*}}{x^{*}}\right)
$$

To give a full statistical description of $\boldsymbol{\Psi}$ we need to explain how $\boldsymbol{X}$ and $\boldsymbol{Y}$ are related. We assume a form of conditional independence for $k \leq T$ :

$$
\begin{array}{r}
\mathrm{P}\left\{\Psi(t+1)=\left(x_{1}, y_{1}\right)^{\mathrm{T}} \mid \Psi(0), \ldots, \Psi(t) ; \Psi(t)=\left(x_{0}, y_{0}\right)^{\mathrm{T}}, T>t\right\} \\
=P\left(x_{0}, x_{1}\right) P\left(y_{0}, y_{1}\right) . \tag{35}
\end{array}
$$

It is assumed that the chains coellesce at time $T$, so that $X(t)=Y(t)$ for $t \geq T$.
The process $\boldsymbol{\Psi}$ is not itself Markov since given $\Psi(t)=(x, x)^{\mathrm{T}}$ with $x \neq x^{*}$ it is impossible to know if $T \leq t$. However, by appending the indicator function of this event we obtain a Markov chain denoted,

$$
\Psi^{*}(t)=(\Psi(t), \mathbf{1}\{T \leq t\})
$$

with state space $X^{*}=X \times X \times\{0,1\}$. The subset $X \times X \times\{1\}$ is absorbing for this chain.
The following two propositions allow us to infer properties of $\Psi^{*}$ based on properties of $\boldsymbol{X}$. The proof of Proposition 4.1 is immediate from the definitions.

Proposition 4.1. Suppose that $\boldsymbol{X}$ satisfies (V3) with $f$ coercive. Then (V3) holds for the bivariate chain $\Psi^{*}$ in the form,

$$
\mathrm{E}\left[V_{*}(\Psi(t+1)) \mid \Psi(t)=(x, y)^{\mathrm{T}}\right] \leq V_{*}(x, y)-f_{*}(x, y)+b_{*},
$$

with $V_{*}(x, y)=V(x)+V(y), f_{*}(x, y)=f(x)+f(y)$, and $b_{*}=2 b$. Consequently, there exists $b_{0}<\infty$ such that,

$$
\mathrm{E}\left[\sum_{t=0}^{T-1}(f(X(t))+f(Y(t)))\right] \leq 2[V(x)+V(y)]+b_{0}, \quad x, y \in \mathrm{X}
$$

A necessary condition for the Mean Ergodic Theorem for arbitrary initial conditions is aperiodicity. Similarly, aperiodicity is both necessary and sufficient for $x^{* *}$-irreducibility of $\Psi^{*}$ with $x^{* *}:=\left(x^{*}, x^{*}, 1\right)^{\mathrm{T}} \in \mathrm{X}^{*}$ :

Proposition 4.2. Suppose that $\boldsymbol{X}$ is $x^{*}$-irreducible and aperiodic. Then the bivariate chain is $x^{* *}$-irreducible and aperiodic.

Proof. Fix any $x, y \in \mathrm{X}$, and define

$$
n_{0}=\min \left\{n \geq 0: P^{n}\left(x, x^{*}\right) P^{n}\left(y, x^{*}\right)>0\right\} .
$$

The minimum is finite since $\boldsymbol{X}$ is $x^{*}$-irreducible and aperiodic. We have $\mathrm{P}\{T \leq n\}=0$ for $n<n_{0}$ and by the construction of $\boldsymbol{\Psi}$,

$$
\mathrm{P}\left\{T=n_{0}\right\}=\mathrm{P}\left\{\Psi\left(n_{0}\right)=\left(x^{*}, x^{*}\right)^{\mathrm{T}} \mid T \geq n_{0}\right\}=P^{n_{0}}\left(x, x^{*}\right) P^{n_{0}}\left(y, x^{*}\right)>0 .
$$

This establishes $x^{* *}$-irreducibility.
For $n \geq n_{0}$ we have,

$$
\mathrm{P}\left\{\Psi^{*}(n)=x^{* *}\right\} \geq \mathrm{P}\left\{T=n_{0}, \Psi^{*}(n)=x^{* *}\right\}=P^{n_{0}}\left(x, x^{*}\right) P^{n_{0}}\left(y, x^{*}\right) P^{n-n_{0}}\left(x^{*}, x^{*}\right) .
$$

The right hand side is positive for all $n \geq 0$ sufficiently large since $\boldsymbol{X}$ is aperiodic.

### 4.2 Value iteration

One approach to compute a solution to Poisson's equation numerically is through the dynamic programming recursion,

$$
\begin{equation*}
V_{n+1}(x)=c(x)+P V_{n}(x), \quad n \geq 0, x \in \mathbf{X} \tag{36}
\end{equation*}
$$

It can be shown by induction that each value function can be expressed as the finite-horizon cost,

$$
\begin{equation*}
V_{n}(x)=\mathrm{E}_{x}\left[V_{0}(X(n))+\sum_{t=0}^{n-1} c(X(t))\right], \quad n \geq 0, x \in \mathrm{X} \tag{37}
\end{equation*}
$$

Under general conditions we have $V_{n}(x)-V_{n}\left(x^{*}\right) \rightarrow h(x), n \rightarrow \infty$, a solution to Poisson's equation In the countable state space setting the proof follows from coupling.

Suppose that the process $\Psi$ is constructed so that $\boldsymbol{Y}$ is not stationary, but rather begins at the initial state $Y(0)=x^{*}$. The initial condition for $\boldsymbol{X}$ is at some arbitrary initial condition $X(0)=x \in \mathrm{X}$. Following the coupling time $T \geq 1$ the two processes again coalesce, giving

$$
V_{n}(x)-V_{n}\left(x^{*}\right)=\mathrm{E}\left[\left(V_{0}(X(n))-V_{0}(Y(n))\right) \mathbf{1}\{n<T\}+\sum_{t=0}^{n-1}(c(X(t))-c(Y(t))) \mathbf{1}\{t<T\}\right]
$$

For simplicity let's assume that the dynamic programming recursion is initialized with $V_{0} \equiv 0$. We then obtain,

$$
V_{n}(x)-V_{n}\left(x^{*}\right)=\mathrm{E}\left[\sum_{t=0}^{n \wedge T-1}(c(X(t))-c(Y(t)))\right]
$$

and

$$
\lim _{n \rightarrow \infty}\left(V_{n}(x)-V_{n}\left(x^{*}\right)\right)=\mathrm{E}\left[\sum_{t=0}^{T-1}(c(X(t))-c(Y(t)))\right]
$$

An extension of Kac's Theorem gives,

$$
\mathrm{E}\left[\sum_{t=0}^{T-1} c(Y(t))\right]=\eta \mathrm{E}[T]
$$

with $\eta=\pi(c)$. Hence the limit becomes,

$$
\lim _{n \rightarrow \infty}\left(V_{n}(x)-V_{n}\left(x^{*}\right)\right)=h(x):=\mathrm{E}\left[\sum_{t=0}^{T-1}(c(X(t))-\eta)\right]
$$

With a bit more work we can show that the function $h$ defined above is a solution to Poisson's equation satisfying $h\left(x^{*}\right)=0$.

### 4.3 Mean ergodic theorem

To prove ergodic theorems we return to the setting in which $\boldsymbol{Y}$ is stationary, with $Y(t) \sim \pi$ for each $t$.

A mean ergodic theorem is obtained based upon the following coupling inequality:
Proposition 4.3. For any given $g: X \rightarrow \mathbb{R}$ we have,

$$
|\mathrm{E}[g(X(t))]-\mathrm{E}[g(Y(t))]| \leq \mathrm{E}[(|g(X(t))|+|g(Y(t))|) \mathbf{1}(T>t)] .
$$

If $Y(0) \sim \pi$ so that $\boldsymbol{Y}$ is stationary we thus obtain,

$$
|\mathrm{E}[g(X(t))]-\pi(g)| \leq \mathrm{E}[(|g(X(t))|+|g(Y(t))|) \mathbf{1}(T>t)] .
$$

Proof. The difference $g(X(t))-g(Y(t))$ is zero for $t \geq T$.
The $f$-total variation norm of a signed measure $\mu$ on X is defined by

$$
\|\mu\|_{f}=\sup \left\{|\mu(g)|:\|g\|_{f} \leq 1\right\}
$$

When $f \equiv 1$ then this is exactly twice the total-variation norm: For any two probability measures $\pi, \mu$,

$$
\|\mu-\pi\|_{t v}:=\sup _{A \subset \mathrm{X}}|\mu(A)-\pi(A)|
$$

Theorem 4.4. Suppose that $\boldsymbol{X}$ is aperiodic, and that the assumptions of Theorem 3.4 hold. Then,
(i) $\left\|P^{t}(x, \cdot)-\pi\right\|_{f} \rightarrow 0$ as $t \rightarrow \infty$ for each $x \in \mathrm{X}$.
(ii) There exists $b_{0}<\infty$ such that for each $x, y \in \mathrm{X}$,

$$
\sum_{t=0}^{\infty}\left\|P^{t}(x, \cdot)-P^{t}(y, \cdot)\right\|_{f} \leq 2[V(x)+V(y)]+b_{0}
$$

(iii) If in addition $\pi(V)<\infty$, then there exists $b_{1}<\infty$ such that

$$
\sum_{t=0}^{\infty}\left\|P^{t}(x, \cdot)-\pi\right\|_{f} \leq 2 V(x)+b_{1}
$$

The coupling inequality is only useful if we can obtain a bound on the expectation $\mathrm{E}[|g(X(t))| \mathbf{1}(T>$ $t)]$. The following result shows that this vanishes when $\boldsymbol{X}$ and $\boldsymbol{Y}$ are each stationary.

Lemma 4.5. Suppose that $\boldsymbol{X}$ is aperiodic, and that the assumptions of Theorem 3.4 hold. Assume moreover that $X(0)$ and $Y(0)$ each have distribution $\pi$, and that $\pi(|g|)<\infty$. Then,

$$
\lim _{t \rightarrow \infty} \mathrm{E}[(|g(X(t))|+|g(Y(t))|) \mathbf{1}(T>t)]=0 .
$$

Proof. Suppose that $\boldsymbol{X}, \boldsymbol{Y}$ are defined on the two-sided time-interval with marginal distribution $\pi$. It is assumed that these processes are independent on $\{0,-1,-2, \ldots\}$. By stationarity we can write,

$$
\begin{aligned}
\mathrm{E}_{\pi}[|g(X(t))| \mathbf{1}(T>t)] & =\mathrm{E}_{\pi}\left[|g(X(t))| \mathbf{1}\left\{\Psi(i) \neq\left(x^{*}, x^{*}\right)^{\mathrm{T}}, i=0, \ldots, t\right\}\right] \\
& =\mathrm{E}_{\pi}\left[|g(X(0))| \mathbf{1}\left\{\Psi(i) \neq\left(x^{*}, x^{*}\right)^{\mathrm{T}}, i=0,-1, \ldots,-t\right\}\right] .
\end{aligned}
$$

The expression within the expectation on the right hand side vanishes as $t \rightarrow \infty$ with probability one by $\left(x^{*}, x^{*}\right)^{\mathrm{T}}$-irreducibility of the stationary process $\left\{\Psi(-t): t \in \mathbb{Z}_{+}\right\}$. The Dominated Convergence Theorem then implies that

$$
\lim _{t \rightarrow \infty} \mathrm{E}[|g(X(t))| \mathbf{1}(T>t)]=\mathrm{E}_{\pi}\left[|g(X(0))| \mathbf{1}\left\{\Psi(i) \neq\left(x^{*}, x^{*}\right)^{\mathrm{T}}, i=0,-1, \ldots,-t\right\}\right]=0
$$

Repeating the same steps with $\boldsymbol{X}$ replaced by $\boldsymbol{Y}$ we obtain the analogous limit by symmetry.
Proof of Theorem 4.4. We first prove (ii). From the coupling inequality we have, with $X(0)=x$, $X^{\circ}(0)=y$,

$$
\begin{aligned}
\left|P^{t} g(x)-P^{t} g(y)\right| & =|\mathrm{E}[g(X(t))]-\mathrm{E}[g(Y(t))]| \\
& \leq \mathrm{E}[(|g(X(t))|+|g(Y(t))|) \mathbf{1}(T>t)] \\
& \leq\|g\|_{f} \mathrm{E}[(f(X(t))+f(Y(t))) \mathbf{1}(T>t)]
\end{aligned}
$$

Taking the supremum over all $g$ satisfying $\|g\|_{f} \leq 1$ then gives,

$$
\begin{equation*}
\left\|P^{t}(x, \cdot)-P^{t}(y, \cdot)\right\|_{f} \leq \mathrm{E}[(f(X(t))+f(Y(t))) \mathbf{1}(T>t)], \tag{38}
\end{equation*}
$$

so that on summing over $t$,

$$
\begin{aligned}
\sum_{t=0}^{\infty}\left\|P^{t}(x, \cdot)-P^{t}(y, \cdot)\right\|_{f} & \leq \sum_{t=0}^{\infty} \mathrm{E}[(f(X(t))+f(Y(t))) \mathbf{1}(T>t)] \\
& =\mathrm{E}\left[\sum_{t=0}^{T-1}(f(X(t))+f(Y(t)))\right]
\end{aligned}
$$

Applying Proposition 4.1 completes the proof of (ii).
To see (iii) observe that,

$$
\sum_{y \in \mathrm{X}} \pi(y)\left|P^{t} g(x)-P^{t} g(y)\right| \geq\left|\sum_{y \in \mathrm{X}} \pi(y)\left[P^{t} g(x)-P^{t} g(y)\right]\right|=\left|P^{t} g(x)-\pi(g)\right| .
$$

Hence by (ii) we obtain (iii) with $b_{1}=b_{0}+2 \pi(V)$.
Finally we prove (i). Note that we only need establish the mean ergodic theorem in (i) for a single initial condition $x_{0} \in \mathrm{X}$. To see this, first note that we have the triangle inequality,

$$
\left\|P^{t}(x, \cdot)-\pi(\cdot)\right\|_{f} \leq\left\|P^{t}(x, \cdot)-P^{t}\left(x_{0}, \cdot\right)\right\|_{f}+\left\|P^{t}\left(x_{0}, \cdot\right)-\pi(\cdot)\right\|_{f}, \quad x, x_{0} \in \mathbf{X}
$$

From this bound and Part (ii) we obtain,

$$
\limsup _{t \rightarrow \infty}\left\|P^{t}(x, \cdot)-\pi(\cdot)\right\|_{f} \leq \limsup _{t \rightarrow \infty}\left\|P^{t}\left(x_{0}, \cdot\right)-\pi(\cdot)\right\|_{f}
$$

Exactly as in (38) we have, with $X(0)=x_{0}$ and $Y(0) \sim \pi$,

$$
\begin{equation*}
\left\|P^{t}\left(x_{0}, \cdot\right)-\pi(\cdot)\right\|_{f} \leq \mathrm{E}[(f(X(t))+f(Y(t))) \mathbf{1}(T>t)] . \tag{39}
\end{equation*}
$$

We are left to show that the right hand side converges to zero for some $x_{0}$. Applying Lemma 4.5 we obtain,

$$
\lim _{t \rightarrow \infty} \sum_{x, y} \pi(x) \pi(y) \mathrm{E}[[f(X(t))+f(Y(t))] \mathbf{1}(T>t) \mid X(0)=x, Y(0)=y]=0
$$

It follows that the right hand side of (39) vanishes as $t \rightarrow \infty$ when $X(0)=x_{0}$ and $Y(0) \sim \pi$.

### 4.4 Geometric ergodicity

Theorem 4.4 provides a mean ergodic theorem based on the coupling time $T$. If we can control the tails of the coupling time $T$ then we obtain a rate of convergence of $P^{t}(x, \cdot)$ to $\pi$.

The chain is called geometrically recurrent if $\mathrm{E}_{x^{*}}\left[\exp \left(\varepsilon \tau_{x^{*}}\right)\right]<\infty$ for some $\varepsilon>0$. For such chains it is shown in Theorem 4.6 that for a.e. $[\pi]$ initial condition $x \in \mathrm{X}$, the total variation norm vanishes geometrically fast.

Theorem 4.6. The following are equivalent for an aperiodic, $x^{*}$-irreducible Markov chain:
(i) The chain is geometrically recurrent.
(ii) There exists $V: \mathrm{X} \rightarrow[1, \infty]$ with $V\left(x_{0}\right)<\infty$ for some $x_{0} \in \mathrm{X}, \varepsilon>0, b<\infty$, and $a$ finite set $S \subset \mathrm{X}$ such that

$$
\begin{equation*}
\mathcal{D} V(x) \leq-\varepsilon V(x)+b \mathbf{1}_{S}(x), \quad x \in \mathbf{X} . \tag{V4}
\end{equation*}
$$

(iii) For some $r>1$,

$$
\sum_{n=0}^{\infty}\left\|P^{n}\left(x^{*}, \cdot\right)-\pi(\cdot)\right\|_{1} r^{n}<\infty
$$

If any of the above conditions hold, then with $V$ given in (ii), we can find $r_{0}>1$ and $b<\infty$ such that the stronger mean ergodic theorem holds: For each $x \in X, t \in \mathbb{Z}_{+}$,

$$
\begin{equation*}
\left\|P^{t}(x, \cdot)-\pi(\cdot)\right\|_{V}:=\sup _{|g| \leq V}\left|\mathrm{E}_{x}[g(X(t))-\pi(t)]\right| \leq b r_{0}^{-t} V(x) \tag{40}
\end{equation*}
$$

In applications Theorem 4.6 is typically applied by constructing a solution to the drift inequality (V4) to deduce the ergodic theorem in (40). The following result shows that (V4) is not that much stronger than Foster's criterion.

Proposition 4.7. Suppose that the Markov chain $\boldsymbol{X}$ satisfies the following three conditions:
(i) There exists $V: X \rightarrow(0, \infty)$, a finite set $S \subset X$, and $b<\infty$ such that Foster's Criterion (V2) holds.
(ii) The function $V$ is uniformly Lipschitz,

$$
l_{V}:=\sup \{|V(x)-V(y)|: x, y \in \mathrm{X},\|x-y\| \leq 1\}<\infty
$$

(iii) For some $\beta_{0}>0, b_{1}<\infty$,

$$
b_{1}:=\sup _{x \in \mathrm{X}} \mathrm{E}_{x}\left[e^{\beta_{0}\|X(1)-X(0)\|}\right]<\infty
$$

Then, there exists $\varepsilon>0$ such that the controlled process is $V_{\varepsilon}$-uniformly ergodic with $V_{\varepsilon}=$ $\exp (\varepsilon V)$.

Proof. Let $\widetilde{\Delta}_{V}=V(X(1))-V(X(0))$, so that $\mathrm{E}_{x}\left[\widetilde{\Delta}_{V}\right] \leq-1+b \mathbf{1}_{S}(x)$ under (V2). Using a second order Taylor expansion we obtain for each $x$ and $\varepsilon>0$,

$$
\begin{align*}
{\left[V_{\varepsilon}(x)\right]^{-1} P V_{\varepsilon}(x) } & =\mathrm{E}_{x}\left[\exp \left(\varepsilon \widetilde{\Delta}_{V}\right)\right] \\
& =\mathrm{E}_{x}\left[1+\varepsilon \widetilde{\Delta}_{V}+\frac{1}{2} \varepsilon^{2} \widetilde{\Delta}_{V}^{2} \exp \left(\varepsilon \vartheta_{x} \widetilde{\Delta}_{V}\right)\right]  \tag{41}\\
& \leq 1+\varepsilon\left(-1+b \mathbf{1}_{S}(x)\right)+\frac{1}{2} \varepsilon^{2} \mathrm{E}_{x}\left[\widetilde{\Delta}_{V}^{2} \exp \left(\varepsilon \vartheta_{x} \widetilde{\Delta}_{V}\right)\right]
\end{align*}
$$

where $\vartheta_{x} \in[0,1]$. Applying the assumed Lipschitz bound and the bound $\frac{1}{2} z^{2} \leq e^{z}$ for $z \geq 0$ we obtain, for any $a>0$,

$$
\begin{aligned}
\frac{1}{2} \widetilde{\Delta}_{V}^{2} \exp \left(\varepsilon \vartheta_{x} \widetilde{\Delta}_{V}\right) & \leq a^{-2} \exp \left((a+\varepsilon)\left|\widetilde{\Delta}_{V}\right|\right) \\
& \leq a^{-2} \exp \left((a+\varepsilon) l_{V}\|X(1)-X(0)\|\right)
\end{aligned}
$$

Setting $a=\varepsilon^{1 / 3}$ and restricting $\varepsilon>0$ so that $(a+\varepsilon) l_{V} \leq \beta_{0}$, the bound (41) and (iii) then give,

$$
\left[V_{\varepsilon}(x)\right]^{-1} P V_{\varepsilon}(x) \leq(1-\varepsilon)+\varepsilon b \mathbf{1}_{S}(x)+\varepsilon^{4 / 3} b_{1}
$$

This proves the theorem, since we have $1-\varepsilon+\varepsilon^{4 / 3} b_{1}<1$ for sufficiently small $\varepsilon>0$, and thus (V4) holds for $V_{\varepsilon}$.

### 4.5 Sample paths and limit theorems

We conclude this section with a look at the sample path behavior of partial sums,

$$
\begin{equation*}
S_{g}(n):=\sum_{t=0}^{n-1} g(X(t)) \tag{42}
\end{equation*}
$$

We focus on two limit theorems under (V3):
LLN The Strong Law of Large Numbers holds for a function $g$ if for each initial condition,

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \frac{1}{n} S_{g}(n)=\pi(g) \quad \text { a.s.. } \tag{43}
\end{equation*}
$$

CLT The Central Limit Theorem holds for $g$ if there exists a constant $0<\sigma_{g}^{2}<\infty$ such that for each initial condition $x \in \mathrm{X}$,

$$
\lim _{n \rightarrow \infty} \mathrm{P}_{x}\left\{\left(n \sigma_{g}^{2}\right)^{-1 / 2} S_{\tilde{g}}(n) \leq t\right\}=\int_{-\infty}^{t} \frac{1}{\sqrt{2 \pi}} e^{-x^{2} / 2} d x
$$

where $\tilde{g}=g-\pi(g)$. That is, as $n \rightarrow \infty$,

$$
\left(n \sigma_{g}^{2}\right)^{-1 / 2} S_{\tilde{g}}(n) \xrightarrow{\mathrm{w}} N(0,1) .
$$

The LLN is a simple consequence of the coupling techniques already used to prove the mean ergodic theorem when the chain is aperiodic and satisfies (V3). A slightly different form of coupling can be used when the chain is periodic. There is only room for a survey of theory surrounding the CLT, which is most elegantly approached using martingale methods. A relatively complete treatement may be found in [2], and the more recent survey [1].

The following versions of the LLN and CLT are based on Theorem 17.0.1 of [2].
Theorem 4.8. Suppose that $\boldsymbol{X}$ is positive Harris recurrent and that the function $g$ satisfies $\pi(|g|)<\infty$. Then the LLN holds for this function.

If moreover (V4) holds with $g^{2} \in L_{\infty}^{V}$ then,
(i) Letting $\tilde{g}$ denote the centered function $\tilde{g}=g-\int g d \pi$, the constant

$$
\begin{equation*}
\sigma_{g}^{2}:=\mathrm{E}_{\pi}\left[\tilde{g}^{2}(X(0))\right]+2 \sum_{t=1}^{\infty} \mathrm{E}_{\pi}[\tilde{g}(X(0)) \tilde{g}(X(t))] \tag{44}
\end{equation*}
$$

is well defined, non-negative and finite, and

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \frac{1}{n} \mathrm{E}_{\pi}\left[\left(S_{\tilde{g}}(n)\right)^{2}\right]=\sigma_{g}^{2} \tag{45}
\end{equation*}
$$

(ii) If $\sigma_{g}^{2}=0$ then for each initial condition,

$$
\lim _{n \rightarrow \infty} \frac{1}{\sqrt{n}} S_{\tilde{g}}(n)=0 \quad \text { a.s.. }
$$

(iii) If $\sigma_{g}^{2}>0$ then the CLT holds for the function $g$.

The proof of the theorem in [2] is based on consideration of the martingale,

$$
M_{g}(t):=\hat{g}(X(t))-\hat{g}(X(0))+\sum_{i=0}^{t-1} \tilde{g}(X(i)), \quad t \geq 1
$$

with $M_{g}(0):=0$. This is a martingale since Poisson's equation $P \hat{g}=\hat{g}-\tilde{g}$ gives,

$$
\mathrm{E}[\hat{g}(X(t)) \mid X(0), \ldots, X(t-1)]=\hat{g}(X(t-1))-\tilde{g}(X(t-1)),
$$

so that,

$$
\mathrm{E}\left[M_{g}(t) \mid X(0), \ldots, X(t-1)\right]=M_{g}(t-1)
$$

The proof of the CLT is based on the representation $S_{\tilde{g}}(t)=M_{g}(t)+\hat{g}(X(t))-\hat{g}(X(0))$, combined with limit theory for martingales, and the bounds on solutions to Poisson's equation given in Theorem 3.4.

An alternate representation for the asymptotic variance can be obtained through the alternate representation for the martingale as the partial sums of a martingale difference sequence,

$$
M_{g}(t)=\sum_{i=1}^{t} \widetilde{\Delta}_{g}(i), \quad t \geq 1
$$

with $\left\{\widetilde{\Delta}_{g}(t):=\hat{g}(X(t))-\hat{g}(X(t-1))+\tilde{g}(X(t-1))\right\}$. Based on the martingale difference property,

$$
\mathrm{E}\left[\widetilde{\Delta}_{g}(t) \mid \mathcal{F}_{t-1}\right]=0, \quad t \geq 1
$$

it follows that these random variables are uncorrelated, so that the variance of $M_{g}$ can be expressed as the sum,

$$
\mathrm{E}\left[\left(M_{g}(t)\right)^{2}\right]=\sum_{i=1}^{t} \mathrm{E}\left[\left(\widetilde{\Delta}_{g}(i)\right)^{2}\right], \quad t \geq 1
$$

In this way it can be shown that the asymptotic variance is expressed as the steady-state variance of $\widetilde{\Delta}_{g}(i)$. For a proof of (46) (under conditions much weaker than assumed in Proposition 4.9) see [2, Theorem 17.5.3].

Proposition 4.9. Under the assumptions of Theorem 4.8 the asymptotic variance can be expressed,

$$
\begin{equation*}
\sigma_{g}^{2}=\mathrm{E}_{\pi}\left[\left(\widetilde{\Delta}_{g}(0)\right)^{2}\right]=\pi\left(\hat{g}^{2}-(P \hat{g})^{2}\right)=\pi\left(2 g \hat{g}-g^{2}\right) . \tag{46}
\end{equation*}
$$

## 5 Converse theorems

The aim of Section 4 was to explore the application of (V3) and the coupling method. We now explain why (V3) is necessary as well as sufficient for these ergodic theorems to hold.

Converse theorems abound in the stability theory of Markov chains. Theorem 5.1 contains one such result: If $\pi(f)<\infty$ then there is a solution to (V3), defined as a certain "value function". For a $x^{*}$-irreducible chain the solution takes the form,

$$
\begin{equation*}
P V_{f}=V_{f}-f+b_{f} \mathbf{1}_{x^{*}} \tag{47}
\end{equation*}
$$

where the Lyapunov function $V_{f}$ defined in (48) is interpreted as the 'cost to reach the state $x^{*}$. The identity (47) is an example of a dynamic programming equation.

Theorem 5.1. Suppose that $\boldsymbol{X}$ is a $x^{*}$-irreducible, positive recurrent Markov chain on $X$ and that $\pi(f)<\infty$, where $f: X \rightarrow[1, \infty]$ is given. Then, with

$$
\begin{equation*}
V_{f}(x):=\mathrm{E}_{x}\left[\sum_{t=0}^{\sigma_{x^{*}}} f(X(t))\right], \quad x \in \mathrm{X}, \tag{48}
\end{equation*}
$$

the following conclusions hold:
(i) The set $\mathrm{X}_{f}=\left\{x: V_{f}(x)<\infty\right\}$ is non-empty and absorbing:

$$
P\left(x, \mathrm{X}_{f}\right)=1 \quad \text { for all } x \in \mathrm{X}_{f}
$$

(ii) The identity (47) holds with $b_{f}:=\mathrm{E}_{x^{*}}\left[\sum_{t=1}^{\tau_{x^{*}}} f(X(t))\right]<\infty$.
(iii) For $x \in \mathrm{X}_{f}$,

$$
\lim _{t \rightarrow \infty} \frac{1}{t} \mathrm{E}_{x}\left[V_{f}(X(t))\right]=\lim _{t \rightarrow \infty} \mathrm{E}_{x}\left[V_{f}(X(t)) \mathbf{1}\left\{\tau_{x^{*}}>t\right\}\right]=0
$$

Proof. Applying the Markov property, we obtain for each $x \in \mathrm{X}$,

$$
\begin{aligned}
P V_{f}(x) & =\mathrm{E}_{x}\left[\mathrm{E}_{X(1)}\left[\sum_{t=0}^{\sigma_{x^{*}}} f(X(t))\right]\right] \\
& =\mathrm{E}_{x}\left[\mathrm{E}\left[\sum_{t=1}^{\tau_{x^{*}}} f(X(t)) \mid X(0), X(1)\right]\right] \\
& =\mathrm{E}_{x}\left[\sum_{t=1}^{\tau_{x^{*}}} f(X(t))\right]=\mathrm{E}_{x}\left[\sum_{t=0}^{\tau_{x^{*}}} f(X(t))\right]-f(x), \quad x \in \mathrm{X} .
\end{aligned}
$$

On noting that $\sigma_{x^{*}}=\tau_{x^{*}}$ for $x \neq x^{*}$, the identity above implies the desired identity in (ii).
Based on (ii) it follows that $\mathrm{X}_{f}$ is absorbing. It is non-empty since it contains $x^{*}$, which proves (i).

To prove the first limit in (iii) we iterate the idenitity in (ii) to obtain,

$$
\mathrm{E}_{x}\left[V_{f}(X(t))\right]=P^{t} V_{f}(x)=V_{f}(x)+\sum_{k=0}^{t-1}\left[-P^{k} f(x)+b_{f} P^{k}\left(x, x^{*}\right)\right], \quad t \geq 1
$$

Dividing by $t$ and letting $t \rightarrow \infty$ we obtain, whenever $V_{f}(x)<\infty$,

$$
\lim _{t \rightarrow \infty} \frac{1}{t} \mathrm{E}_{x}\left[V_{f}(X(t))\right]=\lim _{t \rightarrow \infty} \frac{1}{t} \sum_{k=0}^{t-1}\left[-P^{k} f(x)+b_{f} P^{k}\left(x, x^{*}\right)\right] .
$$

Applying (i) and (ii) we conclude that the chain can be restricted to $\mathrm{X}_{f}$, and the restricted process satisfies (V3). Consequently, the conclusions of the Mean Ergodic Theorem 4.4 hold for initial conditions $x \in \mathrm{X}_{f}$, which gives

$$
\lim _{t \rightarrow \infty} \frac{1}{t} \mathrm{E}_{x}\left[V_{f}(X(t))\right]=-\pi(f)+b_{f} \pi\left(x^{*}\right)
$$

and the right hand side is zero for by (ii).
By the definition of $V_{f}$ and the Markov property we have for each $m \geq 1$,

$$
\begin{align*}
V_{f}(X(m)) & =\mathrm{E}_{X(m)}\left[\sum_{t=0}^{\sigma_{x^{*}}} f(X(t))\right] \\
& =\mathrm{E}\left[\sum_{t=m}^{\tau_{x^{*}}} f(X(t)) \mid \mathcal{F}_{m}\right], \quad \text { on }\left\{\tau_{x^{*}} \geq m\right\} . \tag{49}
\end{align*}
$$

Moreover, the event $\left\{\tau_{x^{*}} \geq m\right\}$ is $\mathcal{F}_{m}$ measurable. That is, one can determine if $X(t)=x^{*}$ for some $t \in\{1, \ldots, m\}$ based on $\mathcal{F}_{m}:=\sigma\{X(t): t \leq m\}$. Consequently, by the smoothing property of the conditional expectation,

$$
\begin{aligned}
\mathrm{E}_{x}\left[V_{f}(X(m)) \mathbf{1}\left\{\tau_{x^{*}} \geq m\right\}\right] & =\mathrm{E}\left[\mathbf{1}\left\{\tau_{x^{*}} \geq m\right\} \mathrm{E}\left[\sum_{t=m}^{\tau_{x^{*}}} f(X(t)) \mid \mathcal{F}_{m}\right]\right] \\
& =\mathrm{E}\left[\mathbf{1}\left\{\tau_{x^{*}} \geq m\right\} \sum_{t=m}^{\tau_{x^{*}}} f(X(t))\right] \leq \mathrm{E}\left[\sum_{t=m}^{\tau_{x^{*}}} f(X(t))\right]
\end{aligned}
$$

If $V_{f}(x)<\infty$, then the right hand side vanishes as $m \rightarrow \infty$ by the Dominated Convergence Theorem. This proves the second limit in (iii).

Proposition 5.2. Suppose that the assumptions of Theorem 5.1 hold: $\boldsymbol{X}$ is a $x^{*}$-irreducible, positive recurrent Markov chain on X with $\pi(f)<\infty$. Suppose that there exists $g \in L_{\infty}^{f}$ and $h \in L_{\infty}^{V_{f}}$ satisfying,

$$
P h=h-g .
$$

Then $\pi(g)=0$, so that $h$ is a solution to Poisson's equation with forcing function $g$. Moreover, for $x \in \mathrm{X}_{f}$,

$$
\begin{equation*}
h(x)-h\left(x^{*}\right)=\mathrm{E}_{x}\left[\sum_{t=0}^{\tau_{x^{*}-1}} g(X(t))\right] . \tag{50}
\end{equation*}
$$

Proof. Let $M_{h}(t)=h(X(t))-h(X(0))+\sum_{k=0}^{t-1} g(X(k)), t \geq 1, M_{h}(0)=0$. Then $M_{h}$ is a zero-mean martingale,

$$
\mathrm{E}\left[M_{h}(t)\right]=0, \quad \text { and } \quad \mathrm{E}\left[M_{h}(t+1) \mid \mathcal{F}_{t}\right]=M_{h}(t), \quad t \geq 0
$$

It follows that the stopped process is a martingale,

$$
\mathrm{E}\left[M_{h}\left(\tau_{x^{*}} \wedge(r+1)\right) \mid \mathcal{F}_{r}\right]=M_{h}\left(\tau_{x^{*}} \wedge r\right), \quad r \geq 0
$$

Consequently, for any $r$,

$$
0=\mathrm{E}_{x}\left[M_{h}\left(\tau_{x^{*}} \wedge r\right)\right]=\mathrm{E}_{x}\left[h\left(X\left(\tau_{x^{*}} \wedge r\right)\right)-h(X(0))+\sum_{t=0}^{\tau_{x^{*} \wedge r-1}} g(X(t))\right]
$$

On rearranging terms and subtracting $h\left(x^{*}\right)$ from both sides,

$$
\begin{equation*}
h(x)-h\left(x^{*}\right)=\mathrm{E}_{x}\left[\left[h(X(r))-h\left(x^{*}\right)\right] \mathbf{1}\left\{\tau_{x^{*}}>r\right\}+\sum_{t=0}^{\tau_{x^{*} \wedge r-1}} g(X(t))\right] \tag{51}
\end{equation*}
$$

where we have used the fact that $h\left(X\left(\tau_{x^{*}} \wedge t\right)\right)=h\left(x^{*}\right)$ on $\left\{\tau_{x^{*}} \leq t\right\}$.
Applying Theorem 5.1 (iii) and the assumption that $h \in L_{\infty}^{V_{f}}$ gives,

$$
\begin{aligned}
& \limsup _{r \rightarrow \infty}\left|\mathrm{E}_{x}\left[\left(h(X(r))-h\left(x^{*}\right)\right) \mathbf{1}\left\{\tau_{x^{*}}>r\right\}\right]\right| \\
& \leq\left(\|h\|_{V_{f}}+\left|h\left(x^{*}\right)\right|\right) \limsup _{r \rightarrow \infty} \mathrm{E}_{x}\left[V_{f}(X(r)) \mathbf{1}\left\{\tau_{x^{*}}>r\right\}\right]=0
\end{aligned}
$$

Hence by (51), for any $x \in \mathrm{X}_{f}$,

$$
h(x)-h\left(x^{*}\right)=\lim _{r \rightarrow \infty} \mathrm{E}_{x}\left[\sum_{t=0}^{\tau_{x^{*} \wedge} \wedge r-1} g(X(t))\right]
$$

Exchanging the limit and expectation completes the proof. This exchange is justified by the Dominated Convergence Theorem whenever $V_{f}(x)<\infty$ since $g \in L_{\infty}^{f}$.

## References

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